



STARTERS

HOMEMADE CREAM OF VEGETABLE SOUP (1, 2a, 7, 13), €7.95

Served With Flynn's Homemade Brown Bread

FLYNN'S STYLE BRUSCHETTA (2a, 7, 13, 14) €9.50

Fig Jam, Mozzarella, Peppers, Sundried Tomato and Pesto Served with a Salad Garnish.

BLACK PUDDING & BACON SALAD (2a, 2d, 9, 13) €9.50

Tossed Dressed Leaves, Black Pudding & Bacon Lardons

SPICY HOUSE CHICKEN €9.50

WINGS (1, 9, 13)

Marinated Home Cooked Chicken Wings, Served with a Salad Garnish & Our Homemade Spicy BBQ Sauce

DUCK SPRING ROLLS (2a, 11, 12, 13) €10.00

Crispy spring rolls filled with tender shredded duck & aromatic vegetables. Served with a rich Hoisin and sweet plum sauce and a salad garnish.

Make A Starter a Main + €7.50

SIDES

HAND CUT CHIPS	€3	BOILED RICE	€3
SEASONAL VEG	€3	NOODLES	€3
CREAMY MASH	€3	MUSHROOMS	€3
SIDE SALAD	€3	COLESLAW	€2
ONION RINGS	€3	EXTRA SAUCE	€2

ALLERGENS:

1. CELERY 2. CEREALS 2A. WHEAT 2B. BARLEY
2C. RYE 2D. OATS 3. CRUSTACEANS 4. EGGS
5. FISH 6. LUPIN 7. MILK 8. MOLLUSCS 9. MUSTARD
10. PEANUTS 11. SESAME SEEDS 12. SOYBEANS
13. SULPHUR DIOXIDE & SULPHATES 14. NUTS

WINTER EVENING MENU
SUNDAY - THURSDAY 5PM - 8 PM
FRIDAY & SATURDAY 5PM - 8.30PM
WiFi Password : rockshore

MAIN COURSE

HERB CRUSTED CHICKEN €19.95

(2a, 4, 7, 9, 13)

Herb Crusted Chicken Breast, Chorizo Sauce, Potatoes & Vegetables

CRISPY HALF DUCK €24.95

(2a, 7, 13)

Sultana & Apple Stuffing, Potato Croquet, Seasonal Vegetables and an Orange Star Anais Sauce

PRIME IRISH STRIPLOIN STEAK €29.95

(2a, 7, 13)

Brandy & Cracked Black Pepper Sauce
Onion Rings, Mushrooms & Home Cut Chips

BAKED FILLET OF SALMON €25.95

(5, 7, 9, 13)

Fresh Darne of Salmon served with a Wholegrain Mustard & Chive Sauce, Potatoes & Seasonal Vegetables

FLYNN'S FAMOUS CHICKEN CURRY €17.95

(2, 7, 9, 13)

Served With Boiled Rice OR Hand Cut Chips

FLYNN'S SPICY CHICKEN STIR FRY €17.95

(2, 4, 7, 9, 11, 12, 13, 14)

Served on a bed of Egg Noodles and Stir Fried Vegetables

BUTTERMILK CHICKEN BURGER €19.95

(2, 4, 7, 9, 13)

Crispy Buttermilk Fried Chicken Burger with Bacon, Lettuce, Cheese & Garlic Mayo

PASTA PESTO SUNDRIED €17.95

TOMATO RIGATONI (2, 4, 7, 9, 13, 14)

Sundried Tomatoes, Peppers and Pesto

Add Chicken + €2

GOURMET 8 OZ BEEF BURGER €19.95

(1, 2a, 4, 7, 9, 13)

8oz Beef Burger Topped with Smoked Cheese, Bacon, Lettuce and our Homemade Onion Relish

CHICKEN TENDERS €16.95

(1, 2a, 4, 7, 9, 13)

Homemade Chicken Tenders, Salad and Hand Cut Chips.

FISH & CHIPS €19.95

(2a, 5, 13)

Golden Fried Fillet of Fresh Fish in a Crispy Batter served With Coleslaw, Tartare Sauce and Hand Cut Chips